

## To make a referral please contact:

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*Funded by the State of Michigan*



Family & Children Services is a private, nonprofit, nonsectarian, human service organization begun in 1903. Its mission has remained constant "...To support, strengthen and preserve the safety, well being and dignity of children, individuals and families".

The Agency receives funding through contracts with Community Mental Health programs and the Michigan Department of Health and Human Services, insurance reimbursements, fees for service and contributions. We are accredited by the Council on Accreditation of Services for Families and Children. The Agency is licensed by the State of Michigan as a Child Placing Agency and Child Caring Institution.

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### Parent Education Program

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**R**espect **I**ntegrity **S**ervice **E**mpowerment

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Family & Children Services' facilities are barrier-free.



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## Parent Education



## Parent Education

Parent Education is a Home-Based service for families that are at risk of having their children removed from their home due to child abuse and/ or neglect. The program provides instruction in the families' home to educate parents on parenting skills, life/home management skills, parent/child interaction skills and other topics dependent upon the specific needs of the client.

### What can families expect?

- 12 individualized parent visits and education sessions (will not exceed six months in length).
- Minimum of one hour per week.
- Utilize the Bavolek Parent Nurturing materials and videos, role-playing, directed interactions, discussions, and / or modeling appropriate behaviors.
- Infant Safe Sleep is taught through the video What every Parent Needs to Know, discussion and modeling for infants less than one.
- An Early On referral will be made for a child under age three with an identified behavioral/developmental need.

## Life/Home Management Skills

- Housekeeping, homemaking, and other organizational skills to facilitate a positive home environment.
- Education
- Budgeting
- Nutrition
- Meal Planning/Preparation
- Availability and utilization of community resources
- Family planning and birth control
- Stress management
- Family rules
- Baby proofing

## Parent Skills Education

- Children's basic needs (nutrition, medial safety)
- Physical and emotional aspects of development
- Communication skills
- Setting behavior and time limits
- Discipline and child management
- Active listening
- Reinforcing positive behavior
- Parents as models
- Creating safety plans that are behaviorally specific
- Other

## Parent/Child Interaction Skills

- Infant growth and development
- Child Safety
- Verbal and physical redirection
- Problem solving and discipline
- Reward and punishment
- Helping children manage their behavior
- Appropriate methods of discipline
- Positive recreational activities
- Helping children with feelings
- Other

## Parent/Child Interaction Skills

- A strength-based Family Assessment/Service Plan is developed in collaboration with the parent within 30 calendar days of initial home visit. The signed plan will be submitted to the referring worker and their supervisor for approval.
- Weekly progress reports, monthly reports, and termination report.

## Who is Eligible?

- Open MDHHS CPS case (Category I, II, and III)
- Families with one or more children in MDHHS supervised out of home placement (including Juvenile Justice)
- Families open to prevention services with MDHHS Local office exception.
- MDHHS adoptive families for whom a need for post adoptive services has been identified by MDHHS to prevent disruption or dissolution.