

Therapeutic Residential Services

Therapeutic Residential Services provide intensive stabilization services in a structured, safe environment for youth who are experiencing behavioral health instability and need out-of-home treatment.

Placements are accepted 365 days a year in a licensed, six-bedroom, homelike setting. Additional admission criteria may be:

- Youth who present with significant behavioral challenges
- Youth being stepped down from inpatient hospitalization
- Youth being stepped up from residential facilities
- Youth experiencing repeated placement instability
- Youth who are unaccompanied and are waiting a relative placement



During a youth’s stay, emphasis is placed on creating an environment designed to support youth in trauma recovery. Each youth will have a comfortable, private room. Residents will be encouraged to participate in structured activities that are scheduled throughout the day. Balanced nutritional meals are provided in a family-like setting.

On-site Therapeutic Treatment services include:

- Assessment of needs
- Educational activities
- Positive Behavior Support (PBS) structured lessons
- TARGET: Trauma Affect Regulation activities Individual and Group Counseling
- Structured activities such as art, team building, games, and independent living skills
- Structured physical activities
- Case Management coordination of care
- Inclusion and involvement of parents, other family members or caregivers
- Discharge planning

Family & Children Services is a private, nonprofit, nonsectarian, human service organization begun in 1903. Its mission has remained constant “...To support, strengthen and preserve the safety, well being and dignity of children, individuals and families”.

The Agency receives funding through contracts with Community Mental Health programs and the Michigan Department of Health and Human Services, insurance reimbursements, fees for service and contributions. We are accredited by the Council on Accreditation of Services for Families and Children. The Agency is licensed by the State of Michigan as a Child Placing Agency and Child Caring Institution.

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Family & Children Services’ facilities are barrier-free.



Clinical Services



fcsource.org



The Counseling Center

Whether you’re encountering difficulties with depression, anxiety or something you simply can’t explain, the counseling you need is always here at The Counseling Center at Family & Children Services. The Counseling Center has served everyone from infants to the elderly for more than three decades. We accept most insurances including the Medicaid Health Plans.

The Counseling Center offers confidential individual, family and couples counseling provided by a professional staff offering services to adults, adolescents and children encountering difficulties with:

- Depression
- Anxiety
- Trauma experiences
- Anger management
- Family relationships
- Adult survivor of abuse
- School related problems
- Interpersonal relationships
- LGBTQ specific needs
- Grief and loss



FACT – Family and Community Treatment

The FACT program is an intensive home-based treatment service for youth up to age 18 with a mental health diagnosis and their families. FACT services build on the youth and family strengths to increase personal and community supports, promote healthy family functioning, support and preserve families and reduce the need for out-of-home placement.

FACT provides a variety of treatment services offering therapy interventions. Specifically, clinicians assist in trauma recovery by providing trauma-focused cognitive behavioral therapy (TF-CBT). The program also provides coordination of additional services with other systems such as medical and educational.

Specialty models of the FACT program include:

- FACT Integrated Co-Occurring Treatment (ICT) provided to youth with a co-occurring mental health and substance use diagnosis. Kalamazoo County only.
- FACT Parent Infant Program (PIP) provided to parents of children 0 to 3 years old and specifically delivering infant mental health services by a clinician endorsed as an infant mental health clinician. Calhoun County only.

FACT Clinicians provide the following services:

- Clinical assessment and determination of youth and family needs
- Assistance in developing individualized youth and family-centered treatment plans
- A variety of clinical interventions including evidence based models for youth, couples, and family
- Parenting education, information and behavioral support
- Advocacy, referral, and support within community medical and educational systems
- Coordination of psychiatric service needs



Case Management & Supports Coordination

The Case Management Program assists youth up to age 18 who have a mental health diagnosis or an intellectual/developmental disability and their families to manage multiple service needs so they may achieve their goals to direct their own lives and successfully participate in the community environment.

The Supports Coordination Program assists adults who have an intellectual/developmental disability and their families. Kalamazoo County only.

Case Managers and Supports Coordinators coordinate and monitor services and supports by:

- Providing clinical assessment and determination of adult, youth and family needs
- Providing advocacy, community-based referrals and support
- Partnering with adults, youth and families to create and sustain community involvement
- Promoting wellness, recovery and self-determination
- Helping adults, youth and families identify and build relationships with natural supports



Mobile Crisis Response

The Mobile Crisis Response (MCR) Program is a no cost community-based crisis intervention services available 24 hours a day, seven days a week for youth up to age 17 experiencing a mental health and/or substance use crisis and their families who live in Kalamazoo County.

Youth and families can use MCR when a youth:

- Has a change in behavior/mood and is withdrawn, isolated, irritable, or changes in eating and/or sleeping patterns
- References feelings of hopelessness, helplessness, or suicide
- Is self-harming
- Has experienced a recent trauma or loss
- When crisis safety planning would be beneficial.

MCR Clinicians provide the following services:

- Immediate crisis intervention for mental health and substance use issues
- Family support and guidance in difficult situations related to mental health and substance use
- Clinical assessment including suicide lethality
- Assistance in developing safety/crisis plans to address risks and behaviors
- If needed, coordinate short-term crisis placements

