Family & Children Services is a private, nonprofit, non-
sectarian, human service organization begun in 1903.
Its mission has remained constant “…To support,
strengthen and preserve the safety, well being and
dignity of children, individuals and families”.

The Agency receives funding through contracts
with Community Mental Health programs and the
Michigan Department of Health and Human
Services, insurance reimbursements, fees for service
and contributions. We are accredited by the Council
on Accreditation of Services for Families and
Children. The Agency is licensed by the State of
Michigan as a Child Placing Agency, Child Caring
Institution (Children’s Therapeutic Group Home),
and Substance Abuse Program.

Sherry Thomas-Cloud, MSW, LMSW
Chief Executive Officer
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The Counseling Center
Diane Marquess, MS, LPC
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Family & Children Services’ facilities are barrier-free.

fcsource.org

Behavioral Health Services.

Whether you’re struggling with depression, anxiety
or something you simply can’t explain, the counseling
you need is always here. At The Counseling Center at
Family & Children Services.

The Counseling Center is the most highly credited in
the area. Our therapists are among the most
experienced—with a combined 250 years in the field.
For more than three decades, we have served everyone
from infants to the elderly. And our specialties are just
as wide ranging.

Our program works with students identified by
schools and parents as struggling with non-academic
issues, ranging from: ADHD, anger management,
anxiety, blended family issues, divorce, depression,
grief and loss and school-related problems. We also
offer children’s specialty trauma services by therapists
trained at The Children’s Trauma Assessment Center.

The Counseling Center accepts most insurances
and are providers for many Employee Assistance
Programs.

Getting the help you need begins with a single phone
call. Our intake specialist will arrange an appointment
for you with the therapist of your choice. And if you
don’t know which counselor to choose, she can help
you find the one whose specialty best fits your needs.

So call today. Don’t struggle anymore.
The care you need is here.

Kalamazoo 269.344.0202
Battle Creek 269.965.3247
The Counseling Center offers confidential individual, family and couples counseling provided by a professional staff of experienced therapists. We offer services to adults, adolescents and children.

- Depression
- Anxiety/Panic Disorder
- Anger Management
- Family Relationships
- ADHD
- Adult Survivors of Abuse
- Children’s Trauma Treatment
- Parenting Issues
- Postpartum Depression
- Couples Problems
- Grieving and Loss
- Children and Adolescents
- Co-Occurring Substance Abuse Treatment
- Gay/Lesbian/Bisexual Issues/Transgender
- Post Adoption Services
- Couples Therapy
- School Based Programs (Kalamazoo Site)
- School Related Problems
- Senior Transitions
- Substance Abuse (Battle Creek Site)
- Mid-Life and Older Adults
- Trauma-Informed Services

Our Kalamazoo office at 1608 Lake Street and our Battle Creek office at 778 W. Columbia Avenue are open Monday - Friday offering convenient day and evening hours.

We accept most insurances and EAP Programs.

To make an appointment please call:
269.344.0202 Kalamazoo
269.965.3247 Battle Creek
Visit us at fcsource.org

Diane Marquess, LPC, Program Director
Rina Battani, LMSW, Clinical Supervisor Kalamazoo

Outpatient Therapists
Julie Brown, LMSW, IMH-II-E
Suzanne Coleman, LPC
Deb Faling, LMSW
Loretta Heisler, LPC, IMH-II-E
Barbara Kafii, LMSW, LPC
D. Jean Miller, LLMSSW, CADC
Melissa Plair, LPC, LLMFT
Kathy Pyatt, LLMSW

School-Based Therapists
Heather Huber, LPC
Deb Kloosterman, LPC
Jennifer Lindsay, LLMSSW
Peggy Liss, LMSW, LMFT, BCD
Jodie May, LPC
Nicole Pominville, LLPC

Speciality Therapists
Lissette Mira-Amaya, LMSW – Bicultural/Bilingual
Nancy Mitchell, LMSW, LPC – KC Ready 4’s

Administrative Support
Heather Videto, Administrative Assistant
Joseph Calles, M.D., Medical Director
John T. Gallagher, Ed.D., LP, Psychology Consultant
Shirley Anne Gallagher, Ed.D., LP, Psychology Consultant
Outpatient Therapists
Kalamazoo

Rina Battani, LMSW
*Clinical Supervisor*
Adults, teens, children, families, school-based counseling

Suzanne Coleman, LPC
Children, teens, adults, parents, foster children and victims of trauma

Deborah Faling, LMSW
Children, adolescents, parents, school-based counseling, adults

Barb Kafil, LMSW, LPC
Adults, teens

Melissa Plair, LPC, LLMFT
Couples, adults, teens, children, families

Kathy Pyatt, LLMSW
Adults, teens, children, families, couples
If you’ve experienced any of these – therapy might be beneficial for you or your family:

- You no longer enjoy things you used to love doing
- You avoid social situations
- Relationships are difficult for you
- You have experienced a trauma/loss
- You want to understand yourself better
- You want more support
- Nothing you have tried seems to have helped

Signs that your child/teen may need therapy:

- Persistent feelings of sadness, hopelessness, worry, anxiety or fearfulness
- Constant anger and a tendency to overreact to situations
- A sudden unexplained drop in grades at school
- A loss of interest in activities that were enjoyed
- Changes in patterns of sleeping or eating
- Expressing thoughts of suicide
- An inability to concentrate, sit still, think clearly or make decisions
- Experiencing regular nightmares
- Suspected or actual alcohol or drug use
- Performing routines obsessively throughout the day such as washing hands

Signs that you and your partner should consider couples therapy:

- You make plans without thinking of each other
- You argue about the same topics without progress
- One partner believes the other is more responsible for relationship problems
- If either of you has mentioned divorce
- If you are holding on to a past relationship
- If there’s lack of trust between the two of you
- If there’s a not so great feeling in your stomach when you come home

Therapy can help you discover your strengths. Feeling empowered is the path to healing.
Outpatient Therapists
Battle Creek

Julie Brown, LMSW, IMH-II-E
Infants, adolescents, families

Specialties:
• Infant Mental Health, Level 2 Endorsed
• Perinatal Mood and Anxiety Disorder Certificate, Postpartum Support International

Loretta Heisler, LPC, IMH-II-E
Infants, children, adolescents, teens, adults, couples

Specialties:
• Infant Mental Health, Level 2 Endorsed
• Perinatal Mood and Anxiety Disorder Certificate, Postpartum Support International

D. Jean Miller, LLMSW, CADC
Substance Use Disorder Treatment

Family & Children Services’ facilities are barrier-free.
If you have any signs or symptoms listed below, it is advisable that you seek help from a counselor. Emotional health doesn’t improve on its own, and if untreated, may get worse over time and cause serious problems. Symptoms can affect emotions, thoughts and behaviors.

**Examples of signs and symptoms include:**

- Feeling sad or down
- Confused thinking or reduced ability to concentrate
- Excessive fears or worries, or extreme feelings of guilt
- Extreme mood changes of highs and lows
- Withdrawal from friends and activities
- Significant tiredness, low energy or problems sleeping
- Detachment from reality (delusions), paranoia or hallucinations
- Inability to cope with daily problems or stress
- Trouble understanding and relating to situations and to people
- Alcohol or drug abuse
- Major changes in eating habits
- Excessive anger, hostility or violence
- Suicidal thinking