## **Crisis Intervention**

for youth up to age 17 experiencing a mental health and/or substance use crisis

- Available 24/7 for Kalamazoo County
- Face to face & phone intervention
- No fee
- Verbal or written consent needed from a parent/ guardian if child is under age 14
- 14 or older may request services for themselves
- Parent/guardian release required for communication with school/organization personel
- Parent/guardian signature required to facilitate crisis placement or follow up services

## Examples of when to call:

- Change in behavior/mood (withdrawn, isolated, irritable, despondent)
- Any references of feeling hopeless/helpless, suicidal
- Self harming
- · Recent trauma or loss through death or divorce
- Changes in eating and/or sleeping patterns
- If crisis/safety planning would be beneficial

For a Consultation or Intervention Call **269-373-6000** 

Request MCR to be paged

## MCR Face-to-Face Intervention

- 1. Contact parent/guardian to discuss concerns
- Verbal or written consent needed from a parent/ guardian if child is under age 14
- Call 269-373-6000 Kalamazoo Community Mental Health and Substance Abuse Services Access Center

   Ask for MCR to be paged
- 4. MCR staff will call back within 10 minutes
- If parent/guardian cannot be present, MCR will contact parent/guardian to verify consent and gather information to complete the assessment
- MCR will coordinate with school/organization personnel and/or parent/guardian to complete a phone call intervention or face to face intervention with youth
- MCR response time is approx. 45 minutes (could be sooner depending on location)
- A typical assessment is approx. 2 hours
- MCR will discuss assessment/recommendations with parent/guardian
- A parent/guardian signed release is necessary for MCR to discuss assessment/recommendations with school/organization personnel

## If placement is needed:

Medicaid or no insurance – MCR will authorize/ coordinate that placement

If youth has commercial insurance – MCR can help with steps for placement options

1608 Lake Street, Kalamazoo, MI 49001 269.344.0202 | Fax 269.344.0285

Family & Children Services' facilities are barrier-free.



KALAMAZOO COMMUNITY
Mental Health
& Substance Abuse
Services

